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| Name: SMT. NEELIMA | Reg No: 1-2SMMHC18 |
| Age / Sex:37/F | Contact No:9731730210 |
| Marital Status:ML- 13 YEARS. | Date:5/2/18 |
| Occupation:HOUSEWIFE. BSC STAT | Dr. PJFP |
| Address:  NATIVE OF ATP. BLORE 13 YEARS | DIAGNOSIS- |

1. IRREGULAR PERIODS SINCE 2 YEARS. TOOK ALLO RX FOR 6 MONTHS AND THEN AGAIN NORMAL FOR 6 MONTHS BUT AGAIN STARTED.

LMP: DEC 5TH 2017.

* PERIOD STARTS FOR 50 DAYS. INC IN WEIGHT FROM 47 – 60 KGS.
* ALL TESTS NORMAL BUT PERIODS SAY IRREGULAR.

1. BOY – 13 YEARS. FTND.
2. ABORTION – 2004
3. ABORTION- 2007
4. ABORTION – 2009

ALL ABORTION DONE BY HERSELF AS SHE DIDN’T WANT BABY.

CHIKUN GUNYA – 6-7 YEARS YEARS BACK

JAUNDICE – 12 YEARS OF AGE

ONCE MENSES POSTPONEMENT TABLETS BEFORE MARRIAGE AND IN 2012

DURING PREGNANCY ALSO TOOK ONLY HOMOEOPATHY TABLETS AS ALLOPATHY DIDN’T SUIT HER.

HAD VOMITINGS DURING PREGNANCY.

THIS PROBLEM STARTED IMMEDIATLEY AFTER THE LAST ABORTION AND GOT TUBECTOMY DONE. SINCE THEN HAD THIS PROBLEM OF IRREGULAR PERIODS.

DREAMS OF DAY ACTIVITIES.

RX:

1. SEPIA 30- 5 DOSES – 3 DAYS ONCE.
2. RUB 30 – 1-0-1 B/FOOD
3. PENTAPHOS 2-2-2-2

19/2/18:5 days after medi got cold and blocked feeling nose and throat. Unable to breath thru mouth or nose. Feels like drinking water. Lmp: 9/2/18. Only 2 days spotted bleeding. Mouth dry . throat feel snice water.

Rx:

1. Sepia 200 – 4-4-4-4 1 dram
2. Euphrasia 200 – 4-4-4-4
3. Rub 30 – 1-0-1 b/food.
4. Bryonia 200 – 4-4-4-4.

10/3/18: lmp: 9/2/18. From 3-4 days getting white discharge. Feeling lighter than before. No breathlessness. Able to do work also fast. Standing , walking feels dragging down sensation of uterus during periods. 3rd day the bleeding stops and becomes normal.

1st day pain and 1 pad

2nd day 2-3 pads pain severe

3rd day spotting very minimal just wears a pad fr the sake of wearing.

Rx:

1. rub 30 doses – 1 dose night b/food.
2. pl disc. 3-0-3
3. 2 dram sl pills – 4 pills mng b/food.
4. Mag phos 12x--- 3 tabs 2 hourly in hot water.

9/2/19: December 25th went to proddututr fr a marriage frm then had cold. Ice water drank there. Block nose. Both in the night. Running nose during the day. Took allo also but no relief. Lmp: 6.01.19.

Rx:

1. Nux vom 1m- 4-4-4-4.
2. PULS 200 – disc 4-4-4-4.
3. Kali sulph – 4-4-4-4.

1 week med.

25/4/19: lmp: feb 9th. Feb 23rd. took allo rx for some cough. 3 days bleeding. Dryness toungue. When lying down pain on the right buttock. < sitting on the floor also gets pain occasionally on knee also. .if sits completely will not get pain. fom this period irregularity full face sweating even in AC.

Rx:

1. Sec cor/lachesis 200/colocynth200 – 4-4-4 b/food.- 2nd week
2. Nux vom 1m/sulphur1m – 4-4-4-4 1 week.- 2nd week.
3. Rub 15 -

1/6/19: lmp: 20/5/19. Flow was normal. Doing exercise everyday, yoga also. Food control. Still weight gain. 59.4kg. irregular periods. Pain in the rt hypochondrium while bending forwards.

Rx:

1. Fel tauri 200 – disc 4-0-4 b/food.
2. Conium 200 – 4 pills b/food morning
3. Thuja 200 – 4 pills b/food night.
4. Rub 15 .
5. Chelidonium 200 – afternoon 4 pills b/food.

15/6/19: now feels app reduced. Unable to eat spicy food. Burning in the throat and retrosternal. Lmp: 13/6/19. Flow normal. Sticky and thick. Dark maroon. Feels breathless if bending more. Taking fast breaths then. Now feels left side pain. sweating in ac reduced.

Rx:

1. Lyco 200 – 4-4-4 b/food.
2. Carbo veg 30 – disc 4-0-4
3. P
4. pl